

Small Groups

Friendship / Fellowship Groups

Winter Walk in the Woods

- *Time & Place:* Saturday mornings in early Feb. and March. Dates TBD.
- *Purpose:* Suitable for adult and kids (-8+). Come & enjoy the outdoors amid winter. Hikes will be at moderate pace with plenty of time to stop and admire God's creation.
- *Leader:* Jen Bolster



Diner's Club

- *Times & Places:* TBA
- *Purpose:* Diner's Club is a small group of 10 members/friends enjoying a potluck dinner together once a month in February, March and April. Meet new people, enjoy fellowship and have fun.
- *Leaders:* Phyllis Bickel and Eric Hauer



Running

- *Time & Place:* 8 a.m. on Saturdays in the Spring at Loch Raven Reservoir (park and meet at Loch Raven Dr. & Morgan Mill Rd. by the yellow gate)
- *Purpose:* You'll stretch and start together...go as far as you'd like & finish at your own pace. Remember to bring water, and jog strollers are welcome.
- *Leader:* Brenda Evans



Golf

- *Time & Place:* One Friday or Monday per month in April, May and June at a nearby golf course.
- *Purpose:* Gather for fun, fellowship, & golf; make new friends.
- *Leaders:* Scott Krugman & Kevin McKenna



Gentle Yoga

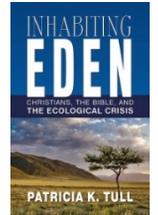
- *Time & Place:* Meets for 10 weeks on Thursdays beginning on Jan. 24 from 12:45-1:45 p.m. in Thompson Hall.
- *Purpose:* Seated yoga for older adults using tables and chairs to support traditional poses.
- *Leader:* Karen Cicmanec



Study Groups

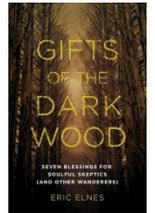
“Inhabiting Eden” Book Study

- *Time & Place:* Books are available for purchase at a discounted rate of \$5.00. Small Groups meet in January on Sunday morning and throughout the week.
- *Purpose:* In “Inhabiting Eden” OT Professor Patricia K. Tull looks to the Bible for what it can tell us about our relationships, not just to the earth itself, but also to plant and animal life, to each other, to descendants who will inherit the planet from us, and to our Creator.
- *Leaders:* Tim Burkett, Patty O'Brien, Joan Pugh, Roger Rice



“Gifts of the Dark Wood” Lenten Book Study

- *Time & Place:* Sunday mornings from 11:15-12:15 on March 10, 17, 24 and 31. Books are on sale in Thompson Hall at a discounted price of \$10.00.
- *Purpose:* Explore Dr. Eric Elnes book where he describes the Dark Wood as a place where you may feel uncertain, empty, lost, tempted, and alone. Yet these feelings - these gifts - can be your greatest assets on your journey. You don't need to be a saint or spiritual master to experience profound awakening. You don't even have to be “above average.” All you really need to be is *struggling*.
- *Leader:* Julie Kays



Spiritual Practices for Families

- *Time & Place:* Two weeknight gatherings in February and March from 6:00-7:30 p.m. Dates TBA. Dinner and childcare are provided.
- *Purpose:* To explore the importance of faith at home and how to practice it with your family. Share what has/has not worked for you, learn from others and build relationships with other parents.
- *Leaders:* Jenness Hall and Alison Peer



Grandparents as Faith Formers

- *Time & Place:* Two weekday gatherings at TPC in February. The group will decide upon the best time to meet.
- *Purpose:* Learn about the importance of grandparents on the faith development of their grandchildren and explore alongside fellow grandparents the impact you can have on their spiritual lives.
- *Leaders:* Jack and Ann Phillips



Mission Groups

Practices of Waking Up White

- *Time & Place:* Three weeknights in April. Dates and time TBA.
- *Purpose:* A follow-up to our “Waking Up White” book study. Explore how we’ve each changed and where we still need to grow.
- *Leader:* Kelly Joffe



Additional Offerings

Epiphany Stars:

- A paper star made out of construction paper with a word written on it. The word is God's gift to you, and in turn, your gift to God. If you missed Epiphany Sunday, pick up your star in the Narthex throughout January.

Spiritual Formation Playlists:

- An opportunity to explore faith at home and on your own time. 2019 Playlists will work through Brian McLaren's book "Naked Spirituality: A Life with God in 12 Simple Words."

Women's Retreat:

- From March 1-2, 2019, explore author Brene Brown's work from "Rising Strong." Program is at TPC Friday night and offsite on Saturday.

Faith on Film:

- On Sunday, March 17 from 4-7 p.m. watch a film and over a simple meal discuss its numerous connections to the life of faith.

Lent Prayer Partners:

- Talk on the phone once a week during the season of Lent with your prayer partner about things that really matter in your life, offer prayer requests...and then pray together.

Waking Up White with Zara Cadoux and Joyell Arvella:

- Monday, March 25 from 7-9 p.m. Zara and Joyell help us to keep exploring "Waking Up White" by Debby Irving.

Circle 13:

- Open to all women, this group meets on the second Monday of the month from 7-9 pm in various members' homes for fellowship and study. For more information contact Dotsie Bregel at dbregel@gmail.com.

Prayer Shawl:

- Meets on the third and fourth Tuesday in the Library at 1 p.m. Shawls and lap blankets are made and given to those experiencing illness and loss. For more information contact Lorene LaBerge at sing2melor@gmail.com.

Men's Breakfast:

- Meets on the third Thursday of the month at Towson Diner at 9 a.m. for food, friendship and conversation.



Adult Spiritual Formation & Small Group Schedule



Winter – Spring, 2019

An inclusive community of faith growing as disciples of Christ

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