

Small Groups

Friendship / Fellowship Groups

Hiking

- *Time & Place:* Saturdays, October 5, 19, November 2, 16, 30 from 9-11 a.m.
- *Purpose:* Come outdoors and enjoy God's creation this fall. Hikes will vary from easy strolls (suitable for families ages 5+) to strenuous (active adults/teens). You can pick and choose your weekends and challenge level.
- *Leader:* Jen Bolster



Wine Tasting

- *Time & Place:* Saturday, October 5 from 7-9 p.m. at the home of Kevin & Cornelia McKenna OR Saturday, October 19 from 7-9 p.m. at the home of Tad Lyon and Lenore Chapman. 1-2 subsequent gatherings to follow.
- *Purpose:* Enjoy & explore the world of wine. Group will entail three gatherings with three wines (white, red, and dessert) with charcuteries to "cleanse the palate," and a modest dessert with the final paring. Fee of \$15 per participant.
- *Leaders:* Lenore Chapman & Tad Lyon and Cornelia & Kevin McKenna



Running

- *Time & Place:* 8 a.m. Saturdays September 28, October 12 26, November 9, 23 @ Loch Raven Reservoir (park and meet at Loch Raven Dr. & Morgan Mill Rd. by the yellow gate)
- *Purpose:* You'll stretch and start together...go as far as you'd like & finish at your own pace. Remember to bring water, and jog strollers are welcome.
- *Leader:* Brenda Evans



Monday Night Football

- *Time & Place:* September 23, October 14, November 18 and December 16. Locations to be determined.
- *Purpose:* Gather for fun, fellowship, & football; make new friends.
- *Leaders:* Scott Krugman & Kevin McKenna



Gentle Yoga

- *Time & Place:* Meets for 8 weeks on Thursdays beginning on September 26 from 12:45-1:45 p.m. in Thompson Hall.
- *Purpose:* Seated yoga for older adults using tables and chairs to support traditional poses.
- *Leader:* Karen Cicmanec



Bike Riding

- *Time & Place:* Sunday afternoons from 3-5 p.m. from September 15 through October 27. Meet at the NCR Trail's Ashland parking lot on Paper Mill Rd., 1 mile off of York Rd.
- *Purpose:* Enjoy the fall season cycling on the NCR Trail. Bring your bike, bike helmet, bottle of water, and if needed a small snack.
- *Leaders:* Denise & Dennis Blake



Meet to Eat

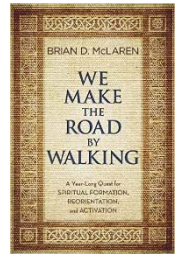
- *Time & Place:* Saturday, September 28 and Friday, November 1 at 6:30 p.m. Locations TBD.
- *Purpose:* Designed for singles who want to enjoy a dining experience with other church members and meet at a local restaurant. Restaurants will be modestly priced and offer a variety of cuisine.
- *Leader:* Karen Drake



Study Groups

We Make the Road By Walking

- *Time & Place:* Groups meet Sunday and throughout the week at both TPC and various members' homes.
- *Purpose:* What does an honest and growing faith look like in our world today? What does it mean to live our faith daily? To help us explore our church-wide study of Brian McLaren's book, discussion groups meet 4 times this fall to discuss 1-2 chapters each week.
- *Leaders:* Katie Cashin, Chris & Bonnie Britt, Phyllis Gray & Bob Bickel, Jim Kuhlman, Ro Nicolosi, Patty O'Brien, and Joan Pugh.



Mission Groups

Together We Serve

- *Time & Place:* Sun., Sept. 29 3-5 p.m. with ShareBaby; Sat., Oct. 19 from 2:30-4:30 p.m. at Glen Meadows Retirement Community; Sat., Nov. 9 from 9-10 a.m. at Lake Roland Park; Thur., Nov. 28 8:30 a.m. at Towson YMCA; Sat., Dec. 14 from 10 a.m.-12 p.m. at Believe in Tomorrow Children's House
- *Purpose:* Learn about the needs of our surrounding community and help others with TPC friends.
- *Leader:* Julie Kreif



21 Day Racial Equity Habit Building Challenge

- *Time & Place:* Meets twice in November – dates TBD
- *Purpose:* Using author Debby Irving's online resources, for 21 days take on one action (a reading, podcast, video, observation) to further your understanding of power, privilege, oppression, and equity.
- *Leader:* Kelly Joffe, Judy Rice and Jill Thomas



Additional Offerings

Faith @ Home

- Explore faith outside of Sunday morning with spiritual reading, podcasts, apps and spiritual practices at towsonpres.org

Skype Conversation with “We Make the Road By Walking” author Brian McLaren on Sunday, October 27 following 10:00 a.m. worship

“We Make the Road By Walking” Podcast with Pastors Rob and Joel

- Listen on the go (at the gym, taking a walk, washing the dishes) as Rob and Joel explore a chapter of Brian McLaren's book and their own ongoing faith formation.

Circle 13

- Open to all women, this group meets on the second Monday of the month from 7-9 p.m. in various members' homes for fellowship and study. For more information contact Dotsie Bregel at dbregel@gmail.com

“Mary, Martha and Me”

- An opportunity for older, single women to eat, talk and share activities together with other women in a similar stage (i.e. tired of eating alone). Beginning October 7, meets on the first Monday of each month from 4:15 p.m. in Thompson Hall. Activities include table games, cards and crafts. For more information contact Karen Williams at rewdmd@gmail.com.

New Men's Group

- Beginning Monday, Oct. 7 at 7 p.m., meets on the first Monday night of the month. Gather in the Library over drinks (beer, soda, and more) to build relationships and share some of what's in our minds and on our hearts. For more information contact Pastor Rob or Pastor Joel.

Parents Night Out

- Meets three times a year for food and fellowship. Childcare is provided. For more information contact Kimberly Light at light.kimberly@yahoo.com.

Prayer Shawl

- Meets on the third and fourth Tuesday in the Nook at 1 p.m. Shawls and lap blankets are made and given to those experiencing illness and loss. For more information contact Lorene LaBerge at sing2melor@gmail.com

Men's Breakfast

- Meets on the third Thursday of the month at Towson Diner at 9 a.m. for food, friendship and conversation. For more information contact Rev. Strom.



Adult Spiritual Formation & Small Group Schedule



Fall ~ Winter, 2019

Inclusive - Curious - Compassionate - Courageous

400 W. Chesapeake Ave.
Towson, MD 21204
410-823-6500
www.towsonpres.org